

LITTLE FLOWER DEGREE & PG COLLEGE UPPAL, HYDERABAD- 39

REPORT: MENTAL HEALTH AWARENESS EXHIBITION

The Department of Psychology, organised an exhibition in Karunya court to bring awareness on Mental Health on 9th & 10 th October 2023, from 11:35 am to 1:40 pm. Almost 20 participants took part in the Competition. Students explained about the importance of mental health and its awareness and also different Myths and facts associated with Mental Health. Different techniques and interventions to manage stress were presented with explanation and interpretation. Students and faculty of different streams attended the exhibition.

Students Explaining about importance of mental health:

