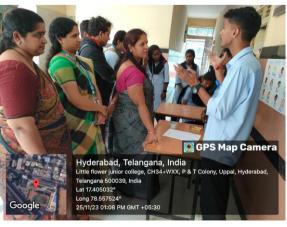
## LITTLE FLOWER DEGREE AND PG COLLEGE UPPAL, HYDERABAD-500039

On the occasion of International Men's Day, the Department of Psychology (PG) conducted an exhibition at Karunya Court on November 25, 2023, from 12:30 p.m. to 1:30 p.m. The aim of the exhibition was to make students aware of going through emotional turmoil and ready to accept and consider it normal to be a man. Students explained venting out and positive coping mechanisms and conducted activities like confidence boosters and art therapy. Also, a blue ribbon was pinned to raise awareness of Men's Day. Students from all departments attended the exhibition, along with faculty.

## Students Elaborating on importance of Mens' Day









## Students participating in Art therapy



## Pinning up the ribbon to notify Men's Day

