



Theme of the Year



NAAC
A
GRADE

LFD C's

In Sight

Limited editions unlimited abilities



Shavana

Freedom Files

August Edition 2025

VISION

Quality education that fosters academic excellence, value enrichment and social responsibility, which promote holistic development, inclusivity and nurture individuals who contribute positively to society.

MISSION

Cultivate academic excellence, instill ethical values that promote integrity, social responsibility through community engagement and prepare individuals through community to navigate the challenges of the dynamic world and foster holistic development by embracing diverse perspectives.

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Editor's note

Dear Readers,

As the monsoon deepens and the air fills with the scent of wet earth and festivity, 'IN'sight welcomes you to the August edition titled "Shravana", themed "Freedom Files". Named after the sacred month of Shravana, this issue invites reflection, gratitude, and a celebration of the spirit that defines us.

August holds a special place in every Indian heart—it is the month of Independence Day, where we honour the struggles, stories, and sacrifices that gifted us freedom. It is also a time to ask ourselves what freedom truly means today—beyond flags and anthems, into our thoughts, choices, voices, and actions.

This edition is a tribute to liberation in all its forms—freedom of expression, freedom from fear, freedom to dream, and to become.

Within these pages, you'll find soul-stirring poetry, powerful prose, and vivid art that capture both the echoes of our past and the call of our future.

Let this month remind us not only of the freedom we inherited but also the responsibility we carry—to build, to heal, and to grow.

Wishing you a month of pride, purpose, and possibility.

Happy Reading!

Team 'IN'sight

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STUDENTS AND THEIR DUTIES

To Our Freshers~

Beyond Books: A Student's Duties

What every student must remember upon entering college life:

The legend goes that student life is the happiest, and it is. It is a phase that is largely protected from the complexities of the world. But with privilege, comes duty. As you begin this new chapter, it's worth considering these four crucial responsibilities. These duties will enrich your college experience and equip you for life beyond academics.

1. To Yourself

The first duty is to yourself. Study not merely to achieve high scores or pass examinations, but to comprehend the world. The objective is not instant success but the gradual building of knowledge through dedication. At this stage, focus, curiosity and lifelong habits are formed.

But knowledge alone is not enough. The meaning of life is brought by character. Being honest, compassionate and purposeful is necessary. These traits support your personal, professional as well as emotional growth.

2. To your Classmates

It is in college where lifelong friendships are formed. Be kind, generous and motivating. You must know how to work in teams. Value others' opinions while having the courage to contribute your own. Such minor forms of communication today, have an impact on how you are going to work with people tomorrow.

3. To Parents and Teachers

Teachers and parents hold a special place in our culture. They guide, inspire and make many sacrifices for our growth. Acknowledging their role in our progress is not just our tradition, but it is fundamental. Listen to your teachers and respect their advice. Don't just honour your parents by words but exhibit it in using your time, energy and education.

4. To the Society

Beyond the college campus lies the larger world, occupied by human beings; some with problems; some silently suffering. Be observant. Be empathetic. Take time to learn from their experiences, even if you cannot solve their problems.

Understanding others' struggles helps you to become resilient in facing your own. You grow from how you respond to the world around you and not merely from what is taught to you in the classroom.

These are the stepping stones that create a successful, socially responsible and compassionate "YOU"

Lastly, I wish to acknowledge a special gratitude our college management, whose vision and mission makes this institution a place where students are truly empowered to become the best selves. As the new members of this academic family, let us do our part by being responsible, accountable, respectful and sincere in whatever we intend to do.

All the best as you begin this exciting journey. May you grow with confidence and become the person you're meant to be!



Lakshmi Andal, Faculty Of English

Essay

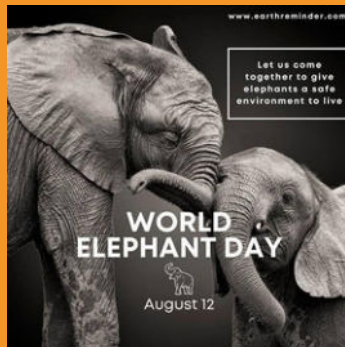
World Elephant Day (12 August)

World Elephant Day is celebrated on 12th August to raise awareness about the protection and preservation of elephants. Launched in 2012, it focuses on the plight of Asian and African elephants, who face threats like poaching, habitat loss, and human-elephant conflict.

Elephants are gentle giants and play a vital role in maintaining forest and grassland ecosystems. Unfortunately, their numbers are declining due to illegal ivory trade and deforestation.

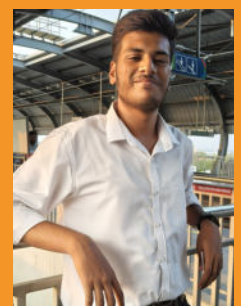
On this day, wildlife organizations and environmentalists urge people to support elephant conservation through education and action.

Let us protect these majestic animals before it's too late. Save the elephants!



Matangini Hazra – The Old Revolutionary

At the age of 73, Matangini Hazra led a procession during the Quit India Movement. Even after being shot by British soldiers, she continued chanting “Vande Mataram” and holding the tricolor till her last breath.



Asher Jermaine Frank
BSC-MPCS 2

Newsletter

A Tribute to Freedom Fighters (Poem)

They walked through fire, they walked through pain,
 With shackles tight like iron chain,
 Yet hearts were bold, their spirits high,
 They fought to see our flag fly sky.
 With words or swords, with peace or fight,
 They marched for truth, they marched for right.
 From fields and cells, from court and street,
 They dared not once to face defeat.
 Bhagat's flame, Bose's roar,
 Gandhi's path of peace and more,
 They gave us voice, they gave us pride,
 And stood like rocks, side by side.
 Oh children of this sacred land,
 Hold high their dreams in heart and hand.
 Their blood still sings in morning breeze—
 In every flower, in every tree.
 Let's not forget the price they paid,
 For every step of progress made.
 In freedom's light, their shadows fall—
 The bravest ones who gave their all.



Jatindra Nath Das – The Unsung Hero of India's Freedom Struggle

Jatindra Nath Das, also known as Jatin Das, was a brave Indian freedom fighter born on 27 October 1904 in Calcutta. A member of the revolutionary group HSRA, he worked alongside leaders like Bhagat Singh and fought against British rule. In 1929, while imprisoned for his role in the Lahore Conspiracy Case, he began a 63-day hunger strike demanding better treatment for Indian political prisoners. He died on 13 September 1929 at the young age of 24. His sacrifice shook the nation and inspired many to join the freedom struggle. Today, Jatin Das is remembered as a symbol of courage, sacrifice, and unwavering patriotism.



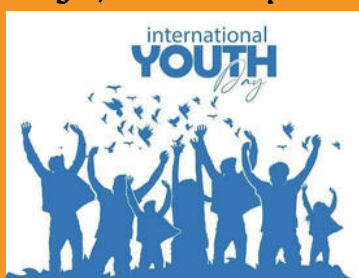
Essay

International Youth Day is observed every year on 12th August to recognize the role of youth in shaping a better future. It was declared by the United Nations in 1999 to highlight the challenges and issues faced by young people around the world.

Each year has a specific theme focusing on youth empowerment, education, climate change, or employment. On this day, schools, colleges, and organizations conduct events, discussions, and awareness campaigns to encourage youth participation in society.

Young people are the leaders of tomorrow, and this day reminds us of their potential, creativity, and power to bring change.

Let us celebrate the spirit, strength, and voice of youth!



KOHIR CHRISTOPHER YESU RAJ
 B.COM CA - A

Report:-

“Ashes and Echoes”

He marched with hope, a boy in boots,
Came back in silence, stripped of roots.
His gun now rust, his hands still shake—
Some wars don't end when soldiers wake.



Brochure:-

Rani Gaidinliu: The Brave Daughter of the Hills

Rani Gaidinliu was a courageous freedom fighter from Manipur, born on 26 January 1915. At the young age of 13, she joined the Heraka movement to protect her culture and fight British rule. After her leader Jadonang was executed, she led the movement herself.

She was arrested by the British in 1932 and spent 14 years in prison. After India gained independence in 1947, she was released. Jawaharlal Nehru called her the “Daughter of the Hills” and admired her bravery.

Rani Gaidinliu was awarded the Padma Bhushan and is remembered as a fearless leader who fought for freedom and her people.



Review:- Death Note

Rani Gaidinliu: The Brave Daughter of the Hills

Death Note is a thrilling anime about Light Yagami, a genius student who discovers a mysterious notebook that can kill anyone whose name is written in it. Believing he can rid the world of evil, Light becomes the feared vigilante known as Kira. However, when he faces off against the brilliant detective L, a high-stakes battle of wits begins.

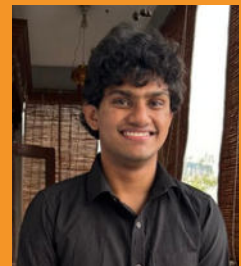


Dark, intelligent, and full of twists, Death Note explores the

meaning of justice and the dangers of absolute power.

Rating - 4.8/5

Genres-*psychological thriller, mystery and supernatural*



Abheshek BBA 3 A

Essay

1. The Revolt of 1857 (First War of Independence)



When: Started on 10th May 1857

Where: In Meerut, Uttar Pradesh, and quickly spread to Delhi, Kanpur, Lucknow, Jhansi, and other parts.

Who:

- **Mangal Pandey** – A soldier in the British East India Company who attacked his officers and sparked rebellion.



- **Rani Lakshmi Bai** – Queen of Jhansi, led an armed rebellion.

When: Started on 10th May 1857

Where: In Meerut, Uttar Pradesh, and quickly spread to Delhi, Kanpur, Lucknow, Jhansi, and other parts.

- **Bahadur Shah Zafar** – The last Mughal emperor, declared leader by the rebels.



- **Tantia Tope, Nana Sahib, and Begum Hazrat Mahal** also played key roles.

The revolt was brutally suppressed but marked the first united uprising by Indians against British control.



Abheshek BBA 3 A

DEPARTMENT OF PHYSICAL SCIENCES
INTERNATIONAL CONFERENCE
ON
EMERGING TRENDS IN SCIENCE AND TECHNOLOGY
(ICETSAT-2025)
(In collaboration with APTSMS)
28-30 JULY 2025

The Department of Physical Sciences, Little Flower Degree College, Uppal, Hyderabad organised an International Conference on Emerging Trends in Science and Technology ICETSAT – 2025 in collaboration with Andhra Pradesh and Telangana Society for Mathematical Sciences (APTSMS) from 28th July to 30th July 2025.

The International Conference was inaugurated by Shri. Jishnu Dev Varma, Honourable Governor of Telangana on 28th July 2025 at 11.30 AM. The Honourable Governor declared the International Conference open.

The International conference hosted 46 speakers from across the globe-including regions such as the United States, Canada, Oman, UK and various parts of India. The sessions covered a wide spectrum of topics, including Mathematical Modelling, AI & ML, Quantum Computing, IOT, Time Series and Spatial Statistics. The selected research papers will be published in the Indian Journal of Science and Technology (Web of Science indexed), reinforcing the academic credibility of this conference.

The valedictory on 30th July 2025 marked the successful culmination of the 3 day intellectually enriching program. Dr. D. Srinivasa Reddy, Director CSIR IICT was invited as the Chief Guest for the valedictory and he declared the conference closed. 5 Best Paper awards were announced and certificates were distributed to all the participants.

ICETSAT-2025 Inaugural Ceremony



Valedictory



Bastille day celebrations

Bastille Day Celebration Report

The French Department celebrated Bastille Day on 14th July with great enthusiasm. The event featured vibrant performances by the French language students, including a skit, dance, and songs—all in French—showcasing their linguistic and cultural learning. Bro. John enriched the celebration with an insightful talk on the historical significance of Bastille Day, emphasizing its importance in French history as a symbol of liberty and revolution. The celebration offered students a meaningful opportunity to engage with French culture and express their creativity through language and art.



Youth Wellness Campaign

A Youth Wellness Campaign was conducted on 23rd July 2025 by *Right Side Story*, in collaboration with *Whisper* and *Venus*, focusing on menstruation and hygiene awareness for girls. The campaign aimed to educate young girls about menstrual health, encourage hygienic practices, and dispel social stigmas associated with menstruation. The event featured informative session, open discussions, and the distribution of hygiene kits. It was well-received and contributed meaningfully to promoting confidence, knowledge, and wellness among participants.



1ST YEAR ORIENTATION

The Orientation Programme for the First-Year students was held on 12th July. The event aimed to familiarize the newly admitted students with the academic environment, institutional values, and various courses offered. Students were introduced about the curriculum structure, departmental activities, and support services available, setting a positive tone for the beginning of their academic journey.



Roastery coffee house, Banjara hills

A beautifully restored bungalow-turned-café famed for its in-house roasted Indian single-estate coffees, signature brews (Cranberry Coffee, Brownie Blend), and a wholesome continental menu. The spacious, green-patio setting is perfect for relaxing or socializing.

Feel the Coffeeness.



Hypertension program

LIFE (Little Flower Extension), in collaboration with Glenmark Pharmaceuticals, organized a Hypertension Awareness Program on 11th July 2025 at Montfort Hall. A total of 111 students from final year B.Com, B.A., and II Hons participated. Dr. M.S. Harish Reddy, Cardiologist from ISHA Heart Care, led the session. He spoke about healthy habits, recommended diet, and the importance of physical activity in preventing hypertension. An interactive Q&A followed the talk. Glenmark also conducted a BP check-up camp and offered health advice based on individual readings.



Field Trip -

CHOWMAHALLA PALACE

As part of our commitment to promote cultural heritage and vernacular narratives, the Vernacular Voices Club of Little Flower Degree College organized a one-day educational field trip to Chowmahalla Palace, Hyderabad, on 26th July 2025. The trip aimed to expose students to the rich Deccani history, linguistic diversity, and the architectural brilliance of the Nizam era. A total of 30 students from various disciplines (BBA, BCOM, BSC, BA) along with the club coordinator, Ms A.Harini participated in the trip. Students explored the magnificent Durbar Hall, palatial courtyards, vintage car collection, and antique artifacts.

The visit to Chowmahalla Palace was not only educational but also deeply inspiring for all participants. It reinforced the club's mission to celebrate and preserve India's linguistic and cultural plurality.



Expressions of Independence

Break free from the chains – This idiom means to escape control or restrictions and gain freedom.

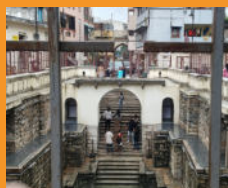
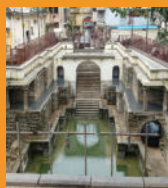
March to the beat of your own drum – It means to act independently or follow your own style, even if it's unconventional.

Spread your wings – This idiom encourages people to start using their abilities and living freely, often for the first time.

Field Trip :-

BANSILALPET STEP WELL

On 26th of July 2025, the Aristotle club organised a field trip to the Bansilalpet Step Well, a historical landmark in Secunderabad. The students of Little Flower Degree College experienced the galleries of the step well, where the significance, history and infrastructure of it was showcased. They enjoyed the scenic beauty of the step well. The students spent a memorable time learning about it and clicked pictures. The day concluded with lunch



Life Sciences Workshop

The Department of Life Sciences organized a workshop on Gene Editing for students on 14th July 2025 in collaboration with HIMEDIA. The workshop enabled students to get hands-on experience on the applications of PCR with professionals, engage in discussions, effectively bridging academic concepts with practical application. The workshop was followed by a session by our resource person Dr. Vijaya Lakshmi, Director, Institute of Genetics, Begumpet, Hyderabad.



UNKNOWN FACTS

Psychological facts:

Psychologist and Psychiatrist aren't same.

Being alone for extended periods can be as harmful as smoking.

Biological facts:

Butterflies taste with their feet: They have taste sensors on their feet to find suitable leaves for laying eggs.

Polar bears are not white: Their fur is transparent and hollow, and their skin is actually black.

Facts about computer:

1. Early computers were room-sized and used a lot of power. Unlike today's sleek devices, early electronic computers, developed in the 1940s, were room-sized and consumed large amounts of electricity.

2. The first computer programmer was a woman. Ada Lovelace, an English mathematician and writer, is credited with creating the first algorithm intended to be processed by a machine.

Student Council 2025-26



K. Christopher
B.Com III CA- A
President



G.Lakshmi Narasimha
III BA(Pol, Psy)
Secretary



Ballem Akshitha
BSC MSDS 3
Treasurer



Pratiush Gour
II BCOM CA A
Vice President



Kolanu Ashwitha
II BCOM CA A
Vice President



Malladi Meghana
III BCOM CA B
Literary



Venkata Sai Krishna
III BBA
Cultural



Satya Adithya sharma
III BCOM CA B
Sports Secretary



Nikhila
III BA(Pol, Psy)
Sports Secretary



Supradeep Raghava
III BBA
NSS Co-ordinator



M.Mohan Prabhas
III B.com CA (B)
NCC Co-ordinator



K.Sai Ojaswini
II BBA - A
Vice - Secretary



H.Reuben Marvin
II BSC MZC
Vice - Secretary



R.B.Sowmiya Nivasini
III BSC-MZC
LENVIN



Sanjana Gupta
B.Com III CA- B
LIFE



Ramya Sri Satapatra
III BCOM CA A
Discipline



Shiva Kumar
III BSC MSDS
Discipline



Nishant kumar
III BBA
Discipline



Dadwai Ananya
III Bsc-MZC
Discipline



Veeksha
II BA(Pol, Psy)
Vice - LENVIN



M. Ryan Suneeth
II BA(Pol. Sci)
Vice - LIFE



S. Naga Sai Bharadwaj
BSC MSCS-III
Alan Turing Club Secretary



Gopi Vallabh
BA- III
Aristotle Club Secretary



Maria Fiona Doraiswamy
BBA - III
Horizon Club Secretary



Tammareddy Nishitha
BTMC- III
Johaam Mendal Club Secretary



Sania Naaz
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Luca Pacioli Club Secretary



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BA - III
Multimedia Club Secretary



M.Aishwarya
BBA III
Peter Drucker Club Secretary



K. Naga Varshini
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Regnant Club Secretary



Gnaneshwari Sharvani
BA - III
Vernacular Voices Club Secretary



Varshith Reddy
B.COM CA - III
ICT Cell Secretary



A.LAKSHITHA
BTMC-II
Library Secretary



EBRASANA
BCOM Hons- III
Library Secretary



Nitin
BCOM CA-III
Interfaith Secretary



Breindel
Bsc BTMC-III
Choir Secretary

Field Visit

The Department of Management organized a field visit for BBA III Year students on 12th July 2025 to the Forest Academy in Dullapally and the Parle-G Biscuit Factory in Saidabad, with 75 students participating. The visit aimed to provide practical exposure to industry operations, environmental management, and corporate practices. At the Forest Academy, students learned about forest management, biodiversity conservation, eco-tourism, and environmental laws, while the Parle-G Factory tour offered insights into manufacturing processes, automation, quality control, packaging, logistics, hygiene protocols, and CSR initiatives. The visit enabled students to interact with professionals, engage in discussions, and observe real-time supply chain and quality assurance practices, effectively bridging academic concepts with practical application and enhancing their industry awareness and professional readiness.

Educational, informative, interesting and engaging field trip



Excellent and memorable moments



Hyderabad, Telangana, India
Telangana State Forest Academy, T S Forest Academy, Dullapally, Hyderabad, Telangana 500055, India
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12/07/2025 10:20 AM GMT +05:30

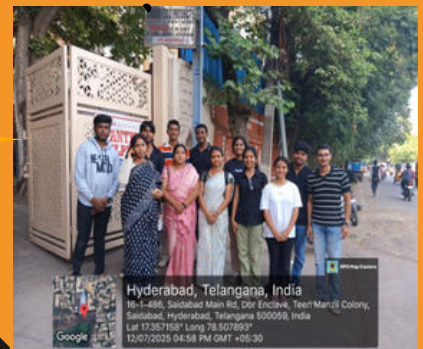
The trip to Forest Academy and the Parle-G factory was a perfect mix of nature and knowledge.



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The whole trip was really fun to visit ...memorable as it could be our last time going to trip together as classmates and educational in terms of knowing about various process in the food industry

It was a good experience to visit such a big parle company and witness the process, and know about various parle products.



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Photography & Art



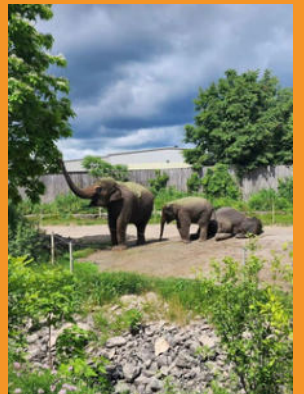
Rehaan BBA 3 A



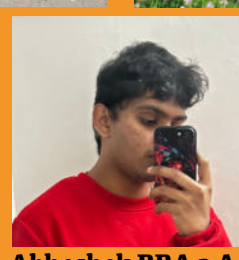
K. V Abhinav BBA 3 A



G Sameer BBA 3 A



Judith BBA 3 A



Abheshek BBA 3 A

Interview

🌟🌟 Dream Big! An Exclusive Chat with Christopher on Goals and Ambitions 🌟🌟

(Do your dreams reflect his? Find out!)

Interviewer: Cherub Ivana

Cherub: You've played many roles from Vice-President to performer to student. How do you balance academics with all your extracurricular activities?

Christopher: Honestly, I don't follow a strict routine. Sometimes I start studying a month before exams, and other times just a week before, but it works out. I think it's because I genuinely like learning. Same with the other things I do, if I care about something, I find time for it. Whether it's academics or performing, if you enjoy it, you naturally give it your best.

Cherub: Heard that you also like to act. How did you get into acting? How's that experience been?

Christopher: It started back in school. I'd take part in all the skits and plays, and even at church. One role I'll never forget is when I played Jesus during the crucifixion scene. I fasted the day before just so I'd look and feel completely drained while carrying the cross. That moment really stuck with me.

What I love about acting is that we only get to live one life, but when you act, you get to step into someone else's shoes for a while. You feel what they feel. That teaches you to take criticism, be humble, and keep improving.

Cherub: Do you see acting as a hobby, passion, or something more? Like a career?

Christopher: For me, it's more than just a hobby or even a passion, it feels like a calling. I know it's a risky path. One day, you're nobody. The next day, you might be on a big screen. But I love that uncertainty.

And I'm not just into acting, I also write, direct, and honestly, I just love films. The whole process. Even if I never make it big as an actor, I'd still want to be on a film set, whether it's helping with lights or just being part of the crew. That world, that energy, that's where I feel most alive.



**K. Christopher
B.Com III CA- A
Interviewee**



**Cherub Ivana (BA -2)
Interviewer**

Independence Day Quiz

1. Who designed the current Indian national flag?
2. Which act passed by the British in 1919 gave them sweeping powers to imprison anyone without trial?
3. In which session did the Indian National Congress declare 'Poorna Swaraj' as its goal?
4. Who was the only Indian woman to preside over a session of the Indian National Congress before independence?
5. The slogan "Swaraj is my birthright and I shall have it" was coined by:
6. What was the codename of the British plan to partition India in 1947?
7. Who founded the Azad Hind Fauj (Indian National Army) before Subhash Chandra Bose took leadership?
8. Which prison housed many prominent freedom fighters and is now a national memorial?

Answers of previous month

1. Clue: Crunchy outside, tangy inside!
Hint Words: Water, spice, herbs, potato
You'll find me on every street corner - I'm the life of chaat stalls!
Pani puri
2. Clue: Fit for a royal feast, I come in layers.
Hint Words: Rice, chicken, herbs, fire
Served hot with raita, I'm a wedding favourite.
Biryani
3. Clue: Triangle-shaped and always stuffed with flavour.
Hint Words: Potato, spice, flatbread, tea
Best enjoyed with chai, I'm a tea-time legend.
Samosa
4. Clue: Soft, white, and spongy - I go best with chutney and sambhar.
Hint Words: Grains, plate, coconut, curry
A South Indian classic breakfast.
Idly
5. Clue: Round, brown, and soaked in syrup.
Hint Words: Sugar, syrup, dessert, heat
No celebration is complete without me!
Gulab Jamun

Winner of the previous month



(Akshitha BBA 3A)

Special events

1 Fri- World Lung Cancer Day

3 Sun- National Friendship Day

8 Fri- Quit India Movement

9 Sat- Raksha Bandhan

9 Sat- World Sanskrit Day

12 Tue- International Youth Day

15 Fri- Independence Day

16 Sat- Janmashtami

19 Tue- World Humanitarian Day

19 Tue- World Photography Day

21 Thu- Senior Citizens Day

23 Sat- International Day for the Remembrance of the Slave

Trade and its Abolition.

27 Wed- Ganesh Chaturthi

30 Sat- National Beach Day