## LITTLE FLOWER DEGREE COLLEGE,UPPAL, HYD-39



ARISTOTLE CLUB REPORTS THE ACADEMIC YEAR 2020-2021 THANE SAVARIAPPA

CELL: 9700876562

## **ARISTOTLE CLUB**

## **REGULAR ACTIVITIES 2020-2021**

Members of the club Ms. Thane Savariappa Coordinator Ms. Vasavi Member

S.No	Date	Program	Venue	No. of students participated
1.	03/09/2020	Art therapy	Google meet	50

THANE SAVARIAPPA ARISTOTLE CLUB COORDINATOR CELL: 9700876562

## **ART THERAPY**

Name of the program: Art Therapy

Date: 03/09/2020 Place:Google meet

No. of students participated: 50

The club conducted an Art therapy Webinar for stress busting. The speaker/ guest for the session was Sreemukhi Mekala, an artist/designer/philanthropist. Students were asked to identify a particular emotion first then identify a colour that corresponds to that emotion and express it on paper.



The Speaker Sreemukhi Mekala, an artist/designer/philanthropist introducing the concept of Art Therapy and its usage in handling stress and anxiety through various techniques online