

Little Flower Degree College

(Affiliated to Osmania University)
Uppal, Hyderabad
Managed by Brothers of St. Gabriel Educational Society

COUNSELLING CELL 2019-2020



LEAD TO ILLUMINATE



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COUNSELLING CELL

Academic Year 2019-2020

The 60-hour program on "Training in basic counselling and Interviewing skills-A micro skills approach" the participants are helped to identify their blocks to listening, develop emotional awareness, and learn the basic skills of counselling. The training aims to equip participants with the basic skills of interviewing and listening.

Objectives:

- 1. To help participants become more aware of their values, judgements and biases they bring in interpersonal communication.
- 2. To help participants recognize their skill deficits in interpersonal communication.
- 3. To help participants acquire specific skills of listening and problem solving.
- 4. To help participants develop the skill of self-awareness.

15 students took part in the training program and were awarded with certificates.



Students attending Basic counselling skills session by Br. Yuju Francis



Br. Yuju Francis interacting with Students and clarifying doubts

Members of the club Br. Yuju Francis Coordinator Mr. Phaniraj