

Little Flower Degree College

(Affiliated to Osmania University) Uppal, Hyderabad Managed by Brothers of St. Gabriel Educational Society

COUNSELLING CELL 2021-2022



LEAD TO ILLUMINATE



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COUNSELLING CELL

Academic Year 2021-2022

Basic counselling skills workshop was conducted by Counselling cell on 14th December 2021. About 30 students participated in the workshop conducted by speaker Dr Soumya. The workshop was aimed to understand the nature of stress and how to control it. It also focuses on improving everyday functioning at the workplace. Speaker emphasized on the importance of listening skills and building rapport and trust with the client. The speaker also underlines key components like observation, patience, empathy, trustworthiness, confidentiality etc. Students learnt basic skills used in counselling.



Speaker Dr Soumya addressing Students

Students interacting and clarifying doubts regarding Counselling skills

Members of the club Br. Yuju Francis Coordinator Ms. Vasavi