



Little Flower Degree College

(Affiliated to Osmania University)

Uppal, Hyderabad

Managed by Brothers of St. Gabriel Educational Society

LEAD TO ILLUMINATE



PHYSICAL EDUCATION 2021-22



Little Flower Degree College

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PHYSICAL EDUCATION Academic year 2021-22

Prativa Prusty - Physical Director
Games & Sports

INDEX 2021-22

| S NO | DATE | EVENT | VENUE | NO OF PARTICIPANTS |
|------|--------------------------|--|--------------------------------------|--|
| 1 | 17-02-2021 | Don Bosco 3*3 basketball tournament | Don Bosco school | 3 |
| 2 | 21-08-2021 | Rajiv Gandhi memorial Basketball tournament | Gandhi bhavan | 3 |
| 3 | 20-10-2021 | CCOB legends memorial basketball tournament | City college | 12 |
| 4 | 18th to 20th Nov21 | 5th Telangana state inter district Basketball tournament | Uttanoor, Gadwal | 1 |
| 5 | 2nd to 5th Dec21 | 10th senior national Tong-il moo-do championship | Manohar Parrikar sports complex, Goa | 1 |
| 6 | 22-12-2021 to 26-12-2021 | All India Inter university swimming tournament | Kiss, Bhubaneswar | 2 |
| 3 | 13-12-2021 to 30-12-2021 | Intra collegiate tournament | LFDC campus | Team game group wise & others individual |
| 4 | 07-01-21 | Intra collegiate validatory | Montfort hall | 140 students |



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| 5 | 28th Dec to 4th Jan 2022 | South zone Inter university basketball tournament | Christ university, Bangalore | 1 |
| 6 | 06-03-2022 | Inter college games & sports competitions for women staff on the occasion of International Women's Day | LFDC grounds | 5 institutions |
| 7 | 14-03-22 to 18-03-22 | Canoeing and kayaking (water sports) | Chandigarh university | 1 |
| 8 | 25th & 26th March 22 | Stallion cup basketball tournament | YMCA Secunderabad | 10 |
| 9 | 4th to 13th April 2022 | NITHM cricket league | NITHM campus | 3 teams-42 students |
| 10 | 15-06-2022 | South zone Inter university cricket tournament | Hindustan institute of technology & science, Chennai | 1 |



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Event 1: Don Bosco 3*3 Basketball Tournament

Date: 17-02-2021

Venue: Don Bosco school

DON BOSCO 3*3 BASKETBALL TOURNAMENT

LFDC Basketball Team Participated in Don Bosco 3*3 Basketball Tournament Organised by Good Training Academy On 17-02-21. 10 Teams Participated in That Tournament One of Them Being LFDC Team. 3 Players participated.

The List of The Players are as Followed.

1. Yuvaraj - MECS 3rd Year
2. Monty -Ba 2nd year
3. Revanth-Ba 2nd year

LFDC Basketball Team Got Third Prize. The Principal and The Vice Principal Congratulated the Players.



LFDC team with the principal of Don Bosco



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Event 2: Rajiv Gandhi Memorial Competition-3*3

Date: 21-08-2021

Venue: Gandhi Bhavan

Rajiv Gandhi Memorial Competition-3*3

LFDC Basketball team participated in Rajiv Gandhi Memorial Basketball Tournament-3*3 organised by Rajiv Gandhi Memorial Committee on 21/08/2021 for under 19 at Gandhi Bhavan. 32 teams participated in the tournament. From our college 3 players participated in that Tournament & Our team got the winner place.



LFDC team with the trophy



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Event 3: CCOB Legends memorial basketball tournament

Date: 20-10-2021

Venue: City college

CCOB LEGENDS MEMORIAL BASKETBALL TOURNAMENT

LFDC Basketball Team Participated in CCOB Legends Memorial- Basketball Tournament Organised by City College ON 21-10-21 at City college. 20 Teams from Various Colleges of The Twin Cities Participated in The Tournament. From our college, 12 Players Participated. The List of The Players as Follows. Our Team Lost in the Quarter Final.

1. Ch Mahesh- BSC MPCSC 2nd Year
2. Yuvaraj - MECS 3rd Year
3. Sai Teja - MSCS 3rd Year
4. Monty - BA 2nd Year
5. Revanth-BA 2nd Year
6. Samridh-BBA 1st Year
7. Jayanth- MPCSC 2nd Year
8. Jeremy BBA 3rd Year
9. Rajkumar MSCS 3rd Year
10. Abhinav MPC 2nd Year
11. Anup BCOM Ca 2nd Year



LFDC team



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Event 4: 5th Telangana State Inter District Basketball Championship

Date: 18th to 20th Nov 2021

Venue: Uttanur, Gadwal

5th TELANGANA STATE INTER DISTRICT BASKETBALL CHAMPIONSHIP

The faculty of physical education received an invitation to participate in the 5th Telangana State Inter District Basketball Championship to be conducted from 18th to 20th November at Utanur, Gadwal. The department decided to send SAMRIDH from BBA1st year to the competition. Twenty teams participated, and the team in which Samrudh was in got the First prize. After his return from Gadwal, he met the principal, who congratulated him on his success.



Samrudh receiving the trophy



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Event 5: c

Date: 2nd to 5th Dec2021

Venue: Manohar Parrikar sports complex, Goa

10th Junior and Senior National Tong-Il Moo-Do Championship

V Bheeshma participated in the 10th junior and senior national TONG-IL MOO-DO CHAMPIONSHIP organised by TONG-IL MOO-DO association of Goa from 2nd Dec to 5th Dec 2021. He won a silver medal in the A-18 55 kg



Receiving award



Principal congratulating Bheesma



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Event 6: All India Inter University Swimming Tournament

Date: 22nd to 26th Dec 2021

Venue-Kiss, Bhubaneswar

ALL INDIA INTER UNIVERSITY SWIMMING TOURNAMENT

The Department of Physical Education was provided information through what's up about All India Inter University Swimming tournaments to be held in Kalinga Institute of Social Sciences Bhubaneswar, Odisha from 22nd December to 26th December 2021. The college responded to the invitation by sending 2 students Yash Verma - B.com(G) 3rd Year and Deepak B. -BBA 2nd Year. Although our students did not win the medal, they proved their mettle by reaching the final heats.



Yash Verma



B Deepak



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Event 7: Intra Collegiate Tournament

Date: 13th to 30th Dec2021

Venue: LFDC

INTRA COLLEGIATE TOURNAMENT

Dept Of Physical Education of LFDC Conducted Intra Collegiate Tournament, After Following Procedure of The College, Meeting with Vice Principal, Approval of the Tournament Schedules Sending Circular to the Student and Financial Approval for the Certification and Memento by the Management. The Tournament Was Conducted According to the Schedule as 13-12-21 to 30-12-21. The tournament Conducted by The Physical Director

Aided Ably by Sports Secretary and Senior Players. Each Day the Tournament Was Conducted From 02:00pm to 06:00pm Successfully

After The Completion of The Tournament, It Was Followed by Valedictory Ceremony On 7th January 2022 in Montfort Hall. It Began with A Dance by The Students from the Cultural Club and, Followed by Certificates and Mementos to the Winners and Runners in Intercollegiate Competitions Later in The Day, Medals and Certificates Were Awarded by the Chief Guest Mr Vinay Singham (International Basketball Player From - Custom Department). To the Players Who Participated in The Sports and Games. The Chief Guest, Rev Bro Vincent Reddy and Ms Jayanthi Reddy Vice Principal Congratulated All the Players, For Playing the Game in the Spirit of the Game. The Valedictory Ended With The Vote Of Thanks And National Anthem.





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Winners of cricket team 1st year



Winners of Football 2nd year



Final match Ba vs BSC-Basketball



BSC vs BCOM- Volleyball



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Event 8: South Zone Inter University-Basketball

Date: 2th Dec to 4th Jan2022

Venue: Christ University, Bengaluru

SOUTH ZONE INTER UNIVERSITY -BASKETBALL

Through OU Physical Education What's up group, the department of physical education came to know about the selection trial of OU Basketball Team. The department sent 2 players for the selection trial to Loyola Academy, Alwal on 07/12/2021. Out of the 2 students one student by the name of Ch Mahesh from BSc MPC 2nd year got selected. Later he participated in South Zone Inter University at Christ University, Bengaluru on 28th December to 4th Jan 2022. He gained much experience in the tournament in spite of losing the second match to Tirupati University.





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Event 9: 3*3 Basketball tournament

Date: 14th to 19th Feb 2021

Venue: YMCA, Secundrabad

Telangana Basketball Association

LFDC Basketball team participated in 3*3 Basketball tournament organised by ‘Telangana Basketball Association Rama Sports’ at YMCA. 28 teams participated in that tournament from the college 2 players were selected to participate. LFDC team were Runners in this Tournament.



Samrudh & Pandu with principal & VP



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Event 10: Inter-College Games & Sports Competitions for Women Staff

Date: 4th march 2022

Venue: LFDC

INTER-COLLEGE GAMES & SPORTS COMPETITIONS FOR WOMEN STAFF

On the occasion of International Women's Day Dept. of Physical Education conducted Inter College games and sports competition for all women's staff, both teaching and non-teaching on 4th march 2022 at 10:00 a.m. The main factor behind conducting the games for women staff is to highlight the importance of physical fitness which is essential for mental fitness. As it has been the tradition of our college, invitations were sent to colleges in the twin cities. Colleges responded to the invitation and participated in the tournament and played the game in the spirit of the game with a lot of enthusiasm. Throwball, Badminton, tennikoit and tug of war were conducted at various places in the campus.



Non-teaching staff



Musical chair



LFDC Pranita vs LFS Kavita



LFDC & Loyola throwball team



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Pranita vs Thain

LFDC vs Loyola Throwball match

The Department of Physical Education, A Part National Women's Day Celebration, Concluded the International Women's Day Games and Sports Tournament with The Valedictory Ceremony On 7th March 2022. The Chief Guest for The Closing Ceremony Was Mrs G Sarada Reddy Addl. Asst. Director (Central GST Customs), Former International Badminton Player. The Principal and Vice Principal of LFDC Congratulated All the Staff from Various Colleges of The Twin Cities for Playing the Game in the Spirit of The Game. The Valedictory Ended with The Vote of Thanks and National Anthem.



Valedictory

LFDC throwball team

Badminton winners





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Event 11: Canoeing and Kayaking (Water Sports)

Date: 14th to 18th March 2022

Venue: Chandigarh University

CANOEING AND KAYAKING (WATER SPORTS)

The Department of Physical Education was provided information through what's up about All India Inter University CANOEING AND KAYAKING (WATER SPORTS) tournaments to be held in Chandigarh University from 14th to 18th March 2022. The college responded to the invitation by sending 1 student (Revanth of BA1st year) for the selection trial. He got selected for the OU team, after selection he attended an inter university tournament at Chandigarh. Although he did not win the medal, he proved his mettle by reaching the final heats.



OU Team



During the competition OU team



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Event 12: Stallion Cup Basketball Tournament

Date: 25th & 26th March 2022

Venue: YMCA, Secunderabad

STALLION CUP BASKETBALL TOURNAMENT

LFDC Basketball Team Participated in Stallion Cup Basketball Tournament Organised By 7 Sports Foundation in Association with YMCA Secunderabad on 25th & 26th March 2022. 6 Teams Participated in That Tournament One of Them Being LFDC Team. 10 Players Participated in This Tournament. Our Team Got 3rd Place in This Tournament. The Principal and The Vice Principal Congratulated the Players.

The List of The Players are as Followed.

1. Ch Mahesh- BSC, MPCs 2nd Year
2. Yuvaraj - MECS 3rd Year
3. Sai Revanth BA 2nd Year
4. Monty - BA 2nd Year
5. Adithya BCOM Ca 3rd Year
6. Monty BA 2nd Year
7. Jeremy BBA 3rd Year
8. Anokh BCOM Ca 2nd Year
9. Samridh BBA 1st Year
10. Abhishek 1st Year



LFDC vs YMCA Basketball



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Event 13: NITHM Cricket League

Date: 4th to 13th April 2022

Venue: NITHM campus

NITHM CRICKET LEAGUE

LFDC Cricket Team Participated in NITHM Cricket League Organised by NITHM on 4th to 13th April 2022. The College Responded to The Invitation by Sending 3 Teams to That Tournament. Teams Participated in That Tournament One of Them Being LFDC 3 Teams. 15 Players Participated from Each Team in this Tournament. Our Team a Played the First Match with NITHM College. Team B Played with Roots College and They Lost In 2nd Match with Footwear Designing College. C Team Played with CSIT College and Lost the Match. Although Our Students Did Not Win the Tournament but They Gained Some Experience.



LFDC-A team



LFDC-B team



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Event 14: South Zone Inter University Cricket Tournament

Date: 10th-15th June 2022

Venue: Hindustan Institute of Technology and Science, Chennai

SOUTH ZONE INTER UNIVERSITY CRICKET TOURNAMENT

A Sai Koushik Participated in South Zone Inter University Tournament Held at Hindustan Institute of Technology and Science, Chennai from 10th - 15th June 2022.



A Sai Koushik BCOM GENERAL



OU Cricket team